


RESUME

Personal data of the teacher

	Last name, First name, Patronymic (by identity card)	Kuanyshev Askat
	<i>Date of birth</i>	10.04.1968
	<i>Gender</i>	man
	Nationality	kazakh
	<i>Citizenship</i>	KZ
	<i>Mobile phone, E-mail</i>	+77029321172 kuanyshev68@list.ru

Education

Higher education institution	
a) name	Kazakh Academy of Sports and Tourism
б) country, city	Republic of Kazakhstan, Almaty
в) year of admission and graduation	2001-2006
г) qualifications obtained upon graduation from an educational institution	Physical education and sports Physical education teacher, trainer

Full name of the organization	Kazakh National Agrarian Research University
Current position	Senior Lecturer "Physical education and sports"

Information about the number of publications over the last 5 years

Type of publications	Quantity
Publications in recommended journals of KKSON MES RK	2
Publications in rating journals	

Main scientific publications (for the last 5 years)

Title of the publication	Authors	Year of publication Publication name, volume, number, page
Влияние плавания на организм человека	Отепов В.Т. Zhamalbekov U.S.	Sibak "Student" No. 16 (186) part 5, May 2022, p. 11-13
Дене тәрбиесі сабағында оқытудың жаңа технологияларын енгізудің тиімді жақтары	Ikhsanov U.M. Zhamalbekov U.S. Отепов В.Т.	Bulletin "Physical culture" Journal №4(57) 2019, pp. 42-46

Knowledge of foreign languages

Language	Proficiency level
English	Elementary