


# Resume

Personal data of the teacher		
	<b>Last name, First name, Patronymic (by identity card)</b>	<b>Dairabayev Serik</b>
	<b>Date of birth</b>	23.03.1960
	<b>Gender</b>	<b>Man</b>
	<b>Nationality</b>	<b>kazakh</b>
	<b>Citizenship</b>	<b>RK</b>
	<b>Mobile phone, E-mail</b>	<b>+77014087002</b> serik05@mail.ru
Education		
Higher education institution		
a) name	State Central Order of Lenin Institute of Physical Culture	
б) country, city	USSR, Moscow	
в) year of admission and graduation	1977-1981	
г) qualifications obtained upon graduation from an educational institution	Physical education teacher, classical wrestling coach	
Place of work (as of today)		
Full name of the organization	Kazakh National Agrarian Research University	
Current position	Associate Professor of the Department "Physical education and sports"	
Academic degree and title (as of today)		
Academic degree	Candidate of Pedagogical Sciences	
Dissertation topic	Combination of educational and training loads for students of Institutes of Physical Culture specializing in wrestling	
The cipher of the scientific specialty	13.00.04 - Theory and methodology of physical education, sportstraining, wellness and adaptive physical culture.	
Year of protection	1991	
The language of the dissertation	Russian	
Information about the number of publications over the last 5 years		
<b>Type of publications</b>	<b>Quantity</b>	
Publications in recommended journals of KKSON MES RK	1	
International database Scopus	1	
Teaching aids	1	

Abstracts and reports at conferences, symposiums (foreign, republican)	8	
Main scientific publications (for the last 5 years)		
Title of the publication	Authors	Year of publication Publication name, volume, number, page
. The use of “Street Workout” sites in the physical education of students	Dairabayev S.E. NadyrovA.L. Myhitdinov E.M. Agibayeva.S.G.	V International Scientific and Practical Conference “Science and education in the modern world: CHALLENGES OF THE XXI CENTURY., Almaty 2019, pp. 64-68.
«Health promotion program for the students with regard to the level of their physical activity ,physical fitness and health» ( <i>Web of Science, Scopus</i> )	Kubieva S.S., Botagariev T.A. Konisbaeva S.I. Mambetov N., Aralbaev A.A., Zhetimekov E.T. Kaliyakbarova S.K. Sadykova Zh.L	(2019) Journal of Physical Education and Sport, 19 (1), article №101,. pp.703-709.
Interest in new sports as a factor in the formation of a sustainable desire for a healthy lifestyle among students and young people.	Dairabayev S.E. NadyrovA.L. Myhitdinov E.M.	Journal "Pedagogy and Psychology" 1(42), 2020 Modern teaching methods and technologies, Almaty., 2020, KazNPU named after Abay, Pp. 140-145.
Breathing practice is a factor in healing the body.	Dairabayev S.E. NadyrovA.L. Myhitdinov E.M.	Collection of materials of the IIInd International Scientific and Practical Conference “INNOVATIONS IN EDUCATION, PHYSICAL EDUCATION, SPORTS AND TOURISM”, dedicated to the 85th anniversary of Professor Yu.G. Teleugaliyev. and the 80th anniversary of Professor Khaustov S.I., Almaty 2021, pp. 262-265.
International Congress of Gerontology.Full Texts book." Healing the body with breathing exercises	Dairabayev S.E	Magazine:International Congress of Gerontology, March 18-20,2022,Sivas,Turkey
The influence of physical education and sports on the academic performance of students.	Dairabayev S.E	Materials of the VII International Scientific and Practical Conference "Modern problems of the development of physical culture and sports", Aktobe, 2022, pp. 74-77.
Motor activity of students during the test and examination period.	Dairabayev S.E	Materials of the VII International Scientific and Practical Conference "Modern Problems of the Development of Physical Culture and Sports", Aktobe, 2022, pp. 250-252.
The influence of physical activity on the mental performance of students.	Dairabayev S.E	Materials of the III International Scientific and Practical Conference "Innovations in Education, Upbringing, Physical Culture, Sports and Tourism", Almaty, 2022, pp. 10-14.
Dependence of students’ mental performance on the level physical fitness	Dairabayev S.E Yugay I.V. Siroka L.A.	Materials international scientific and practical conference university teachers, school teachers, students and young scientists "Problems and prospects for the development of physical education and sports"

		Almaty, Kazakhstan, February 10, 2023
The influence of physical exercises, education of physical qualities, sports specialization on the mental performance of students	Dairabayev S.E. Myhitdinov E.M. Suleimenova A.V.	Collection of materials International online/offline scientific and practical conference on the topic System for the development of innovative processes in the field of "Initial military and technological training", "Physical culture and sports" dedicated to the 95th anniversary of Abai KazNPU, 2023.
The relationship between the mental performance of students and the level of sports qualifications, sports specialization, and the influence of various physical exercises.	Dairabayev S.E. Nadyrov A.L. Kokebaeva R.S.	Collection of materials VIII International Scientific and Practical Conference "Modern Problems of the Development of Physical Culture and Sports" Aktobe, 2023 Pedagogical University named after Zhubanov
<b>Knowledge of foreign languages</b>		
<b>Language</b>	<b>Proficiency level</b>	
English	Elementary	