


APPROVED BY
Director of the Department of
educational work KazNARU

A. Eralieva
 « 30 » 10 2023

**The psychologist's WORK PLAN
 for the 2023-2024 academic year**

№ п/п	Events	Date of the event	Responsible	Mark of completion
1	Identifying and conducting individual corrective conversations with students with low adaptive abilities, who are in a stressful situation, outsiders and those in a state of psychological exhaustion	during the study period	Psychologist together with the deputy dean of faculties	
2	Drawing up lists of students who require attention, with the preparation of individual cards for each registered student	at the end of each calendar month (<i>cards after 3 days of registration</i>)	Psychologist together with the deputy dean of faculties	
3	Organizing and conducting individual interviews with students with disabilities, orphaned students and students left without parental care and from low-income families	quarterly	Psychologist together with specialists of the Committee on Youth Affairs	
4	Updating the bank of psychological tests and questionnaires	constantly	Psychologist	
5	Organization and holding of a round table on the topic "Depression, causes of occurrence"	november	Psychologist together with the psychologist of the MC "Almaty Clinic"	
6	Advising students on personal professional plan, interpersonal relationships and personal effectiveness improvement	during the academic year	Psychologist	
7	Organizing and conducting communication trainings "Communicate is useful!"	december	Psychologist together with the psychologist of the MC "Almaty Clinic"	

8	Organizing and conducting a conversation "What is bullying and how to deal with it"	december	Psychologist together with the deputy dean of faculties	
9	Team building to create friendly relationships	monthly	Psychologist together with the deputy dean of faculties	
10	Organizing and conducting a conversation: "Life without borders" with watching videos about the life of Nick Vujicic	december	Psychologist together with the deputy dean of faculties	
11	Testing students for stress tolerance (Beck Depression Inventory: BDI)	january	Psychologist together with members of the Student Government Council	
12	Organization and holding of the seminar "Prevention of behavioral risk factors (smoking, drug addiction, alcoholism, use of psychotropic substances, etc.) within the framework of the university-wide Week "Our health is our future"	february	Psychologist together with the psychologist of the MC "Almaty Clinic" and deputy dean of faculties	
13	Organization and holding of the training seminar "Mental health and how to maintain it?"	february	Psychologist	
14	Organization and holding of a lecture on the topic "Psychological conditions for the prevention of conflict situations and conflicts"	february	Psychologist together with the deputy dean of faculties	
15	Testing students for signs of suicidal risk	march	Psychologist together with members of the Student Government Council	
16	Organizing and conducting a conversation on "Ways to prevent suicide"	april	Psychologist	

17	Organizing and conducting a training lesson: "Prevention of stressful conditions and how to avoid stress"	may	Psychologist	
18	Psychological counseling for students of teaching staff and university staff who have applied for help	as you apply	Psychologist	

Psychologist



L.Beisembayeva